

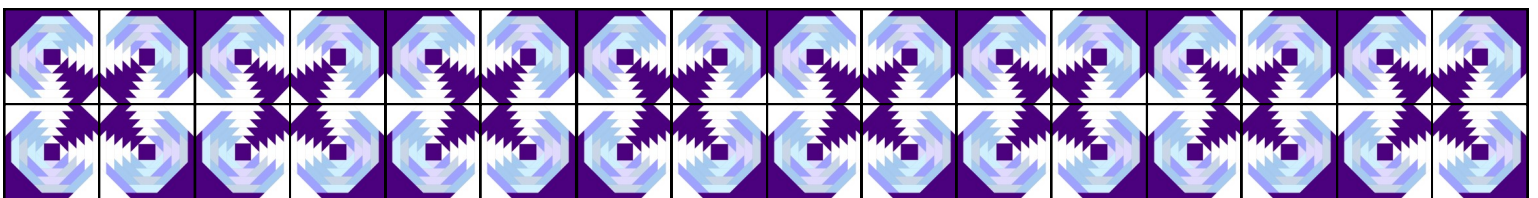
Bloc Loc's Pineapple Ruler

Strip Width Cutting Guide

<u>Finished Strip Width</u>	<u>Cut Width of Strip</u>
1/4"	7/8" to 1" wide
1/2"	1 1/8" to 1 1/4" wide
3/4"	1 3/8" to 1 1/2" wide
1"	1 5/8" to 1 3/4" wide
1 1/2"	2 1/8" to 2 1/4" wide

For Best Results.....

Starch the *yardage (not cut strips)* to stabilize the bias edges. Use a true starch product such as Niagara or Sta Flo. If you live in an area where silverfish can be a problem, then purchase the starch in a non-aerosol bottle & add about 5-10 drops of lavender oil to the starch bottle. You can pick up lavender oil from any Whole Foods market or vitamin specialty store. It is an essential oil and bugs hate the smell and will stay away.



Pineapple Tidbits (Tips)

Prepare fabric by heavily starching the yardage (before any cutting) to stabilize the bias.

Always sew the blocks upside down so that you can make sure you are following the trimmed strip.

Always press the seams to the outside of the block

Always press (do not iron) the block at every round

Always trim the strips and corners with the unit right side up.

If your strips separate while stitching, always follow the trimmed strip that's already been sewn to the block.

Watch the video for instructions on how to build a Pineapple block and trim with the Bloc Loc Pineapple Ruler!

Scrappy Method for Square in a Square (starting point of the block)

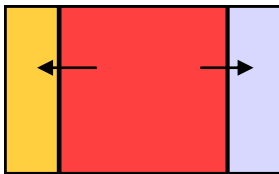
Choose this method if using **scraps**—it takes a little longer to complete the initial square in a square and has a little less waste. Please note that if your starting square is small enough, it will stay as a square in a square until it reaches sufficient size that it will begin to “pineapple”, or have cut off corners.

Round 1 :

Round 1 starts as a square in a square. Decide on the size of your center square. It can be any size you want. Remember that you start with the size of the finished square and then add 1/2” for seam allowances. If you make a block such as a star block, then measure the completed block.

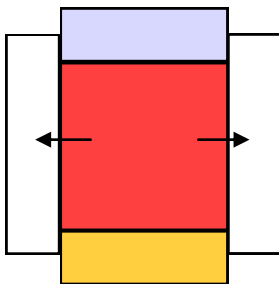
Locate the cut size of the strip you intend to use for this pineapple block.

Cut (2) strips that are the width you need and cut them the same length as the center square. Sew the strips to each side of the center square. Press the seams to the outside of the block.



Example: center square is 3 1/2” c 3 1/2” cut size and strips are cut 1 1/8” x 3 1/2”

Cut the next two strips the same width as before, but now it doesn't need to be the same length, merely extending past the first two seams by a little over 1/4”.



Example: Cut the next two strips the same width, but not quite as long as the starting 3 1/2” length. These two strips only need to be slightly extending past the seams by 1/4”. Press the seams to the outside of the block.

Using the Bloc Loc Pineapple ruler, align the right angle with the seams shown in photograph and trim across one corner. This will give you a perfect 1/4” seam across this edge. Repeat for all remaining corners. Remember to trim each corner at every round.

Next, lock the groove onto each seam and trim the width of the strip. You won't be trimming off much (about 1/8”) but this will ensure that all seams are the same width. Remember to do this at every round.

Round 2+:

Add the strips to each side of the block and press seams to the outside. Lock the groove onto the previous round seam allowance and trim each corner.

Lock the groove onto the seam allowance of the current round and trim the width of each strip.

You can add as many rounds as you like.

Final Round:

Refer to “How to Measure for the Corners” and then measure the block and cut (2) squares using that measurement. Cut the squares in half diagonally to yield (4) triangles. They will be oversized.

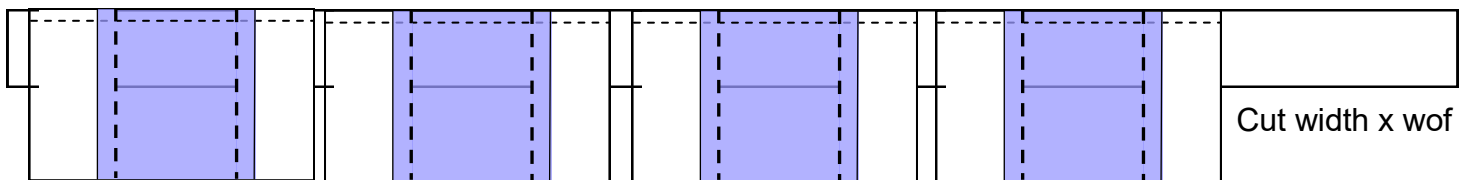
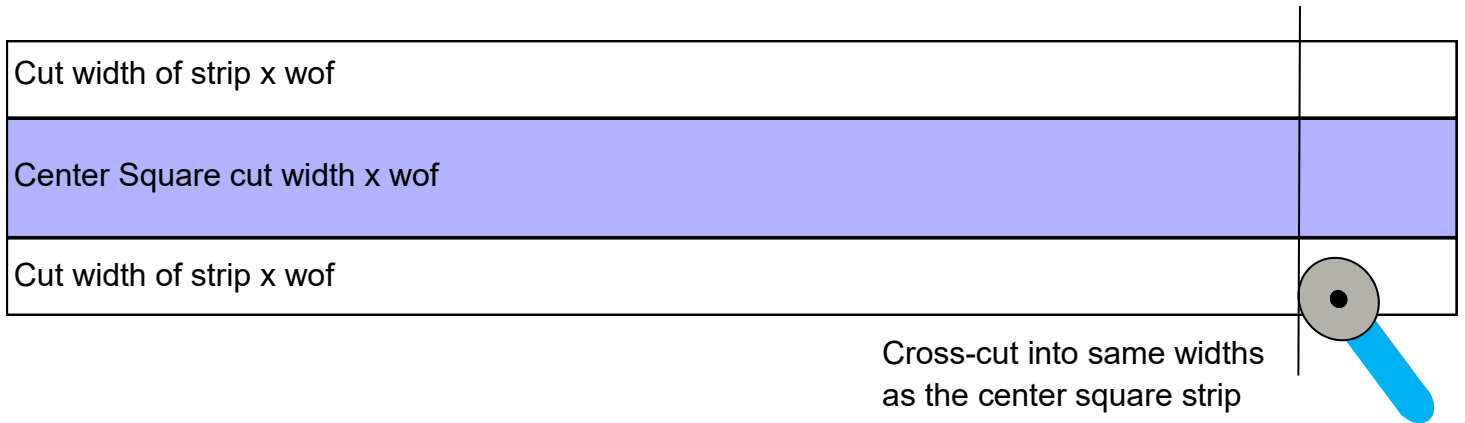
Fold the block in half at the corner to mark the center of each corner and do the same thing with the triangles. Sew each triangle to the corner of the block and press the seams to the outside of the block.

Speedy Method for Square in a Square (starting point of block)

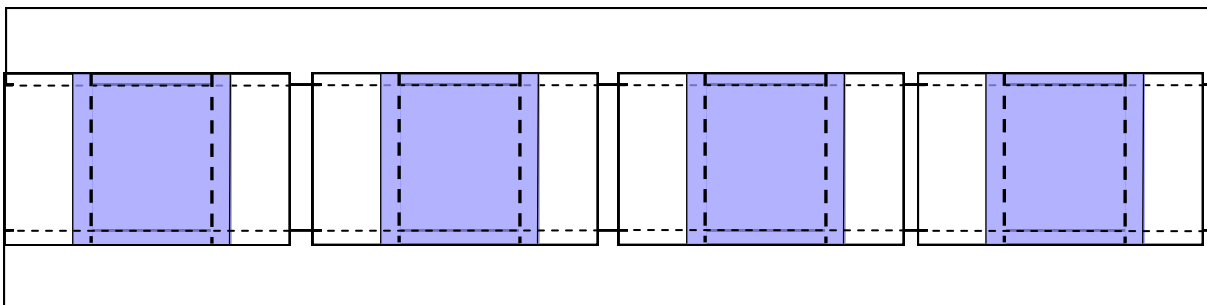
Choose this method if using the same fabric. It is faster to complete the initial square in a square and produces more waste.

Round 1 starts as a square in a square. Cut (2) strips for your size pineapple strips x wof (white) fabric and (1) strip for center square x wof (violet—center square) fabric.

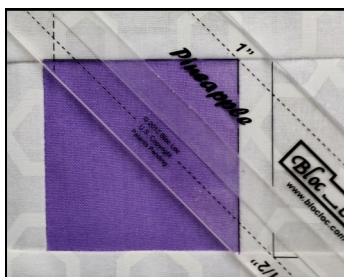
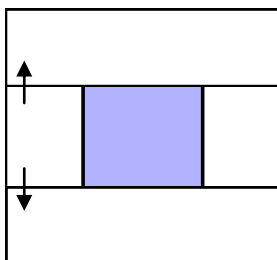
Sew (2) of the white strips for your size pineapple ruler x wof and (1) center square strip size x wof (violet) strip into a strip set as shown. Press seams to the white (example) fabric.



Arrange the strip set widths onto your pineapple strip width x wof white strip and stitch. Press seam toward the white strip. Cut the sections apart. Press seam toward the white strip.



Add another white strip to the other side of Round 1. Cut the sections apart again and then press the seams toward the white strip.

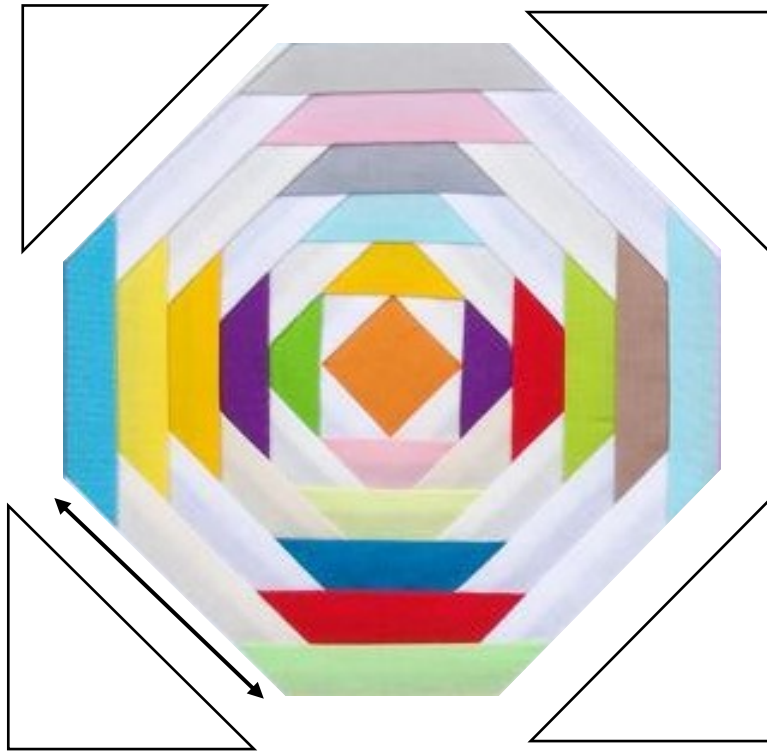


Round 1: Starts as a square in a square.

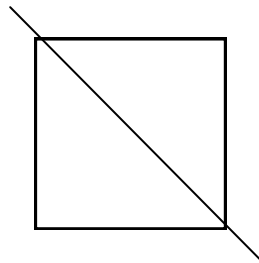
Place the right angle of the Pineapple ruler into the right angle of the square in a square unit. Trim the corner using the edge of the ruler. Trim remaining three corners.

How to Measure for the Corners ("Corner Formula")

Measure exactly corner to corner and subtract $1/4"$ = cut size of square. It will be oversized. Pin match, sew, press seams and then trim.

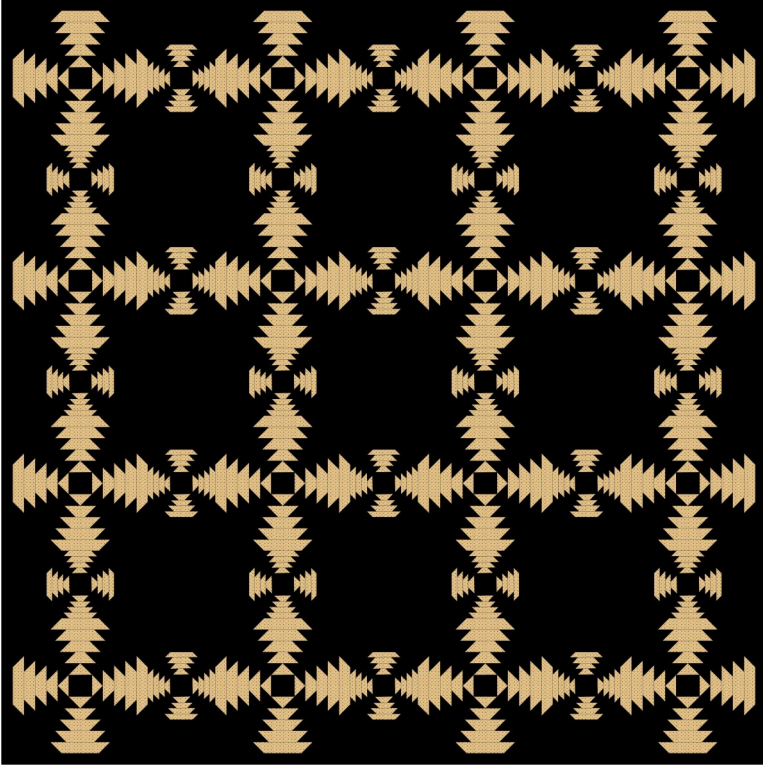


Example: Let's say the block measures 6" corner to corner, exactly. You can cut both squares $5 \frac{3}{4}" \times 5 \frac{3}{4}"$ for a little fudge factor, or cut it 6" x 6" if you need more.



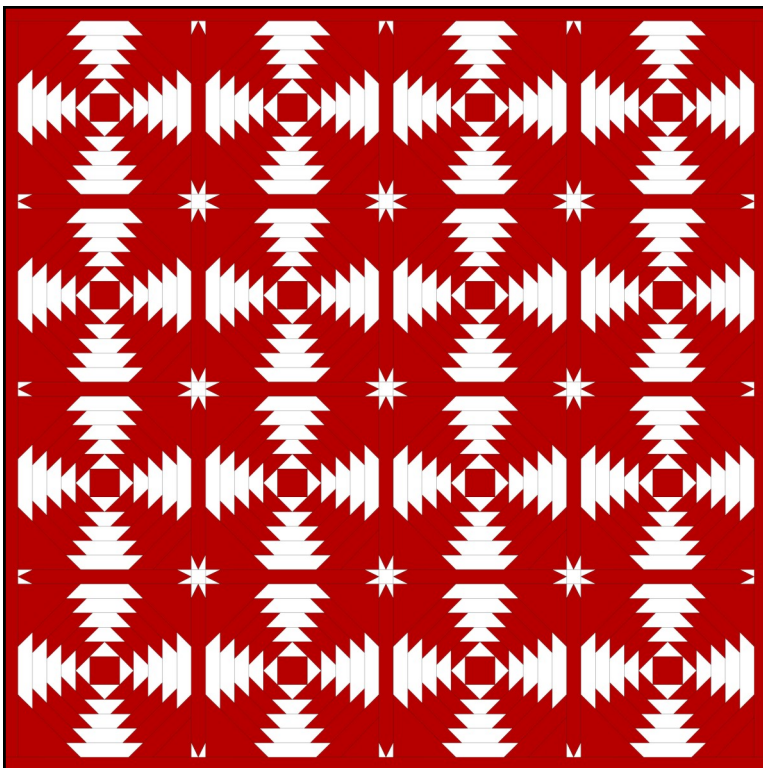
A Final Word.....

Pineapple blocks are assembled into rows and then joined together as most quilts are; however, if you are in any way uneasy about matching block to block then you can always try adding sashing in between the blocks!



I designed this quilt and it has (16) 12" x 12" finished size blocks with 6" x 12" finished size sashing. In every sashing I have cleverly added a 6" x 6" finished size pineapple block.

This is an awesome design for both beauty and ease—there's not a lot of matching!!! The only matching would be the intersections, so no worries!



Here's another example of inserting sashing to make it easier. This quilt is made with 1" x 12" finished sashing that has stars inserted around the cornerstones. I cut the white squares 1" and used the stitch and flip technique to make the stars. Easy!