Patchwork Football

You asked for it, so you’ve got it — a pattern for your own patchwork football. Make four football sections from the pieces indicated. Then sew them together and stuff! You may wish to treat the cut ends of the shoelaces with a fray prevention product before using. Football finishes about 11” long.

Step 1: Make Templates & Cut Patches
Make templates from the six pattern pieces on Page 2. Select a variety of coordinating or contrasting fabrics. Choose a very light fabric for your B pieces and a very dark for your F. Cut the number of pieces indicated on each template. Transfer the dots to the wrong sides of your patches. You will also need ⅛”-wide, flat white shoelaces to make the laces for the football.

Step 2: Sew the Wedges
Sew the pieces together, following the Unit Assembly and Wedge Diagrams and using a ¼” seam allowance. Be sure to start and stop sewing at the dots. Make four wedges.

Step 3: Make the Lacing Panel
Sew the two F pieces right-sides together, leaving a portion of the seam open. Turn the panel right-side out and whip-stitch the opening closed. Press. Center a 4½”-long piece of shoelace along the center of the panel, then top-stitch it down along all four edges. Cut eight 1” pieces of shoelace. Arrange them over the long lace and top-stitch in place.

Step 4: Assemble the Football
Sew three of the wedges together. Center the lacing panel on the football, aligning the long lace over one of the wedge seams. Top-stitch or applique the lacing panel to the football. Sew the fourth wedge to the partially assembled football, leaving an opening of about five inches in the center. Firmly stuff the football with cotton stuffing. (We used a one-pound bag of Quilter’s Dream Cotton Sweet Dreams 100% cotton stuffing. The cotton will give a firmer grip to the ball than polyester stuffing.) Stuff and stuff and then stuff some more. The round handle of a wooden spoon is useful for pushing the stuffing into pockets that need more stuffing. When you think the ball is full, use the handle of the spoon to push more stuffing into the ends of the ball and then stuff some more. When very firm, whip-stitch the opening closed.
If you print this pattern at home, check to ensure that the above measures 2” from line to line.

A
Make 8

B
Make 8

C/C-R
Make 8 C & 8 C-R

D/D-R
Make 4 D & 4 D-R

E
Make 4

F (Lacing Panel)
Make 2